



Fresh & Delicious Snacks, Sandwiches, and Salads

Snacks

- Spinach pie traditional pastry € 1.80
- Double cheese toast € 1.50
- Double cheese toast (whole wheat bread) € 1.50
- Turkey and cheese toast € 1.50
- Pizza Margarita € 1.80
- Muesli bar € 1.50

Vegeterian menu

- Quinoa salad with mixed vegetables € 2.50
- Steamed broccoli with olive oil and lemon € 2.50
- Oven grilled vegetables (eggplant,zucchini,peppers) € 2.50

Smoothies

- Sunshine €2.90**
Orange, banana, pineapple, carrot
- Popeye €2.90**
Spinach, banana, orange
- Go Green €2.90**
Cucumber, kiwi, apple, spinach

Refreshments

- Water (0.50lt) €0.35
- Orange juice 100% HBH €1.00
- Apple juice 100% HBH €1.00
- Freshly squeezed orange juice 250 ml €2.50**

Salads

- Tuna €4.00**
Tuna, lettuce, tomato, cucumber and vinaigrette.
- Chef €4.00**
Lettuce, tomato, cucumber, egg, ham, cheese.
- Caesar €4.00**
Lettuce, tomato, cucumber, chicken, cheese and vinaigrette.
- Greek €4.00**
Tomato, cucumber, feta cheese and olive oil.
- Cretan Dakos €4.00**
Rusk, tomato, cucumber, feta cheese and olive oil.
- Rocket €4.00**
Rocket leaves, lettuce, parmesan cheese and vinaigrette.



Note: You can also create your child's favourite salad by choosing from the ingredients mentioned.

Fruit salads

- Fresh mixed fruits € 2.00
- Fresh mixed fruits,yoghurt,muesli,honey € 2.50

Milk & Yoghurts

- Fresh Milk €1.00
- Yoghurt 2% €1.60
- Yoghurt Strawberry €1.40
- Yoghurt Banana €1.40



Sandwiches & Wraps

- Turkey €2.50**
Turkey fillet, cheese,tuce, tomato.
- Salmon €2.50**
Salmon, Philadelphia cheese, lettuce (whole wheat bread).
- Chicken €2.50**
Chicken fillet, lettuce, tomato.



- Double Cheese €2.30**
Double cheese, lettuce, tomato.
- Mozzarella €2.50**
Tomato, lettuce ,basil pesto.

- Tortilla chicken €2.50**
Chicken fillet, lettuce, tomato, cream cheese

- Tortilla turkey €2.50**
Turkey, cheese, lettuce, tomato, cream cheese



Note: Sandwiches can be served with white bread, whole wheat bread, Arabic bread, or spinach/ tomato tortilla

Fruit

- Apples (Winter) €0.50
- Bananas (Winter) €0.50
- Strawberries (Spring) €1.00
- Cherries (Spring) €1.00
- Watermelon (Summer) €1.00
- Melon (Summer) €1.00
- Apricots (Summer) €1.00

